

MOBILE MENTAL HEALTH AND ADDICTIONS CLINIC SOON AVAILABLE

Ontario Health will soon be launching four new mobile mental health and addictions clinics across the province to provide mental health and addictions services to individuals living in remote, rural and underserved communities. CMHA Kenora has been selected to service communities in northwest Ontario accessible within a 150 kms radius of Kenora.



Mobile Mental Health and Addictions Clinic

Lead Organization -
CMHA Kenora Branch

The launch of the Mobile Mental Health and Addictions Clinic is expected by Q4 of 2022. Guided by evidence-based practices, the health services requirements of the community remain the cornerstone of the Mobile Mental Health and Addictions Clinic.

EASIER ACCESS FOR UNSERVED AND UNDERSERVED AREAS

Mobile Mental Health and Addictions Clinic is not a mobile crisis team. Its aim is to provide intervention earlier to reduce the need for higher intensity support or crisis intervention later. By providing intervention early, Mobile Mental Health and Addictions Clinic:

- Improves access to mental health and addictions services for unserved and underserved areas
- Improves health outcomes by removing barriers to access, including geography, transportation, and stigma
- Reduces healthcare costs by encouraging and easing intervention early and mitigating the need for higher intensity support later on
- Reduces health disparities by ensuring access to services that are culturally and developmentally appropriate and available where and when clients need them

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CLIENT BENEFITS:

- Supports a continuum of services across the lifespan in culturally competent and safe manners
- Emphasizes holistic prevention strategies by promoting mental wellness
- Increases awareness and education about positive mental health
- Flexibility to schedule appointments in advance and/or options for walk-in visits
- With earlier interventions and higher intensity supports, crisis intervention needs will be reduced
- Mobile and accessible to where people are at



WORKING WITH PARTNERS

Mobile Mental Health and Addictions Clinic works with partners including child and youth services, a schedule 1 mental health facility, Ontario Health Teams and other community partners as needed. Depending on local requirements, the team may be a combination of NPs, RNs, RPNS, SWs, OTs, Psychotherapists, Psychiatry. These roles will be both internal to CMHA Kenora Branch as well as established through Memorandum's of Understanding established with external partners.

Mobile Mental Health and Addictions Clinic partners include:

- Dryden Regional Health Centre
- Dr. Chien-Shun Chen – Psychiatrist
- Dr. Jake Crookall – Psychiatrist
- FIREFLY
- Kenora Association for Community Living
- Kenora Chiefs Advisory
- Kenora District Services Board
- Kenora District Services Board – Emergency Services
- Fort Frances Tribal Area Services
- Lake of the Woods District Hospital
- Mercury Care Home, Grassy Narrows, Ontario
- Migisi Sahgaigan First Nation – Eagle Lake First Nation
- Ontario Health North
- Sunset Country Family Health Team
- Township of Sioux Narrows – Nestor Falls
- Waasegiizhig Nanaandawe'iyewigami
- Asubpeeschoseewagong Netum Anishinabek / Grassy Narrows First Nation

ACKNOWLEDGEMENTS

The Mobile Mental Health and Addictions Clinics are overseen by the Mental Health and Addictions Centre of Excellence at Ontario Health.

As committed to through Ontario's [2021 budget](#), the government created four new mobile mental health clinics to provide a full suite of mental health and addictions services directly to individuals living in remote, rural and under served communities across Ontario.