



Mental Health and Addictions Services Available in Northwest Ontario First Nations Communities



The Ministries of Health and Long Term Care, Community Safety and Correctional Services, Community and Social Services, Attorney General, Children and Youth Services, Housing, among others have initiated a strategy, “Keeping Persons with Mental Illness Out of the Criminal Justice and Correctional Systems”. The Strategy recognizes that pressures have been escalating in inappropriate sectors such as the police, courts, corrections, and hospital emergency rooms due to a lack of access to appropriate mental health services in the community.

The target population are people with a mental illness, developmental disability, brain injury, concurrent disorder and dual diagnosis who have come into conflict with the law and are at risk of being charged by the police, have been charged by the police, have been found unfit to stand trial, not criminally responsible or are under and Ontario Review Board disposition, and whose offense is considered low risk and whose mental health issue can be appropriately managed through services based in the community.

In order to ensure Interministerial and interagency cooperation the strategy has included the development of Human Services and Justice Coordinating Committees at the Provincial, Regional and District levels. These committees are funded and mandated to provide leadership to support the implementation of the policy framework for persons who come into contact with the criminal justice system and who have needs that can be met by one or more of the human service systems; to identify solutions to systemic problems, and to provide a forum for information sharing across systems (www.hsjcc.on.ca).

Committee membership is expected to include agencies funded by the participating Ministries; community mental health and substance abuse providers, mental health programs of hospital forensic programs, police services, Crown Attorney’s offices, probation and parole services, children’s services, developmental services sectors, police, District Services Boards, District Jail personnel, among others.

The Kenora Rainy River District HSJCC has an active work plan that includes the development of a directory of mental health & addiction resources that are located within First Nation Communities. The resources listed are only resources that are housed within the communities listed and do not reflect mental health and addiction services that come into the community from outside larger urban areas. The intention of the directory will be to disseminate across all community partners, families and clients for information on these resources to allow for more awareness of on the ground resources to clients and community agencies on navigating services available in these communities.

The directory will be reviewed annually by the Kenora Rainy River District Human Services & Justice Coordinating Committee and amended as needed and disseminated to the network.

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Animbiigoo Zaagi'igan Anishinaabek (Lake Nipigon Ojibway)

PROGRAMS	CONTACT	URL
None listed.		

Anishinabe of Wauzhushk Onigum (Rat Portage)

PROGRAMS	CONTACT	URL
NNADAP	Contact: Gary Skead (Additions worker) Phone: 807-548-6340	http://search.211north.ca/record/KEN0984

Anishnaabeg of Naongashiing (Big Island)

PROGRAMS	CONTACT	URL
NNADAP	Joanne Cobiness (Native Alcohol and Drug Awareness Worker) Phone: 807-488-5602 EXT: 222 Email: nnadap@naongashiing.ca	http://search.211north.ca/record/RRD0326

Aroland

PROGRAMS	CONTACT	URL
NNADAP	Samson Meshake (Addictions Worker) Phone: 807-329-8686 EXT: 204 Email: arolandhealthcentre@yahoo.ca	http://search.211north.ca/record/TBY3426
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors,	Steven Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.slnha.com
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addiction Workers (Children and Youth).		

Bearskin Lake

PROGRAMS	CONTACT	URL
NNADAP	George Chapman (Addictions worker) Phone: 807-363-9937	http://search.211north.ca/records/KEN0963
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors,	Contact: Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.slnha.com

PROGRAMS BY COMMUNITY

Big Grassy

PROGRAMS	CONTACT	URL
NNADAP	Shayna Copenace (Administrative Assistant) Phone: 807-488-5457	http://search.211north.ca/record/RRD0408

Biinjitiwaabik Zaaging Anishinaabek (Rocky Bay)

PROGRAMS	CONTACT	URL
NNADAP	Trisha Mishquart Phone: 807-885-3312 Email: tmishquart@rockybayfn.ca	http://search.211north.ca/record/TBY3666
Community Wellness Program	Lorraine Cook (Community Services Worker) Phone: 807-885-3205 Email: lcook@rockybayfn.ca	http://search.211north.ca/record/TBY3666

Buffalo Point First Nation Big Grassy

PROGRAMS	CONTACT	URL
None listed.		

Cat Lake

PROGRAMS	CONTACT	URL
NNADAP	Nathan Stewart (Addictions Worker) Phone: 807-347-2027	http://search.211north.ca/record/KEN0964
Wellness Program	Edward Keesickquayash (Wellness Coordinator) Phone: 807-347-2027	http://search.211north.ca/record/KEN1297
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.sifnha.com
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addiction Workers (Children and Youth)	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	

Couchiching First Nation

PROGRAMS	CONTACT	URL
NNADAP	Les Morrissette (Mental Health and Addictions Worker) Phone: 807-274-4297	http://search.211north.ca/record/RRD0241

Deer Lake

PROGRAMS	CONTACT	URL
Crisis Intervention	Howard Meekis (Crisis Coordinator) Email: howardmeekis@knet.ca	http://search.211north.ca/record/TBD0057
Mental Health Program	Randall Crowe (Mental Health Counsellor) Email: randallcrowe@knet.ca	http://search.211north.ca/record/KEN0485
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards Phone: 807-737-4011	http://search.211north.ca/record/KEN0486
NNADAP	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.slfnha.com

Eabametoong First Nation (Fort Hope)

PROGRAMS	CONTACT	URL
Crisis Intervention	Roland Okeese (Crisis Intervention Coordinator) Email: crisis.coordinator@eabametoongfn.ca	http://search.211north.ca/record/KEN0336
Detox Centre	Norman O'Kees (Addiction Worker) Phone: 807-242-1484	http://search.211north.ca/record/KEN0333
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	http://search.211north.ca/record/KEN0960
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addiction Workers (Children and Youth)		
NNADAP		

Eagle Lake

PROGRAMS	CONTACT	URL
Community Wellness	Lisa Perreault (Community Wellness Worker) Phone: 807-755-1157 Email: communitywellness@migisi.ca	http://search.211north.ca/record/KEN1100
NNADAP	Mitchell Lands (Addiction Worker) Email: resouceandrecovery@migisi.ca Phone: 807-755-1157 EXT:225	http://search.211north.ca/record/KEN1099
Mental Health and Addiction Program	Barry Brisson (Health Director) Phone: 807-755-1157 EXT: 222 Email: health.director@migisi.ca	http://search.211north.ca/record/KEN1095

PROGRAMS BY COMMUNITY

Fort Severn

PROGRAMS	CONTACT	URL
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stepehn Edwards (Nodin Clinical Supervisor) Phone: 807-478-2560	http://search.211north.ca/record/KEN0719
NNADAP	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.slnha.com

Fort William

PROGRAMS	CONTACT	URL
Community Addictions, Recovery, and Education	Loretta Collins (Addictions Worker) Phone: 807-622-8802 EXT: 207 Email: Lorettacollins@fwfn.com	http://search.211north.ca/record/TBY3708

Ginoogaming First Nation

PROGRAMS	CONTACT	URL
Crisis Intervention	Charla Charles (Crisis Coordinator) Email: charla.charles@ginoogamingfn.ca Phone: 807-876-5437	http://search.211north.ca/record/TBY3017
NNADAP	Cecil Menowegan (Addiction Worker) Phone: 807-876-2732	http://search.211north.ca/record/TBY3019

Grassy Narrows First Nation

PROGRAMS	CONTACT	URL
Crisis Intervention	Dion Keewatin (Responder) Phone: 807-925-2652	http://search.211north.ca/record/KEN1134
NNADAP	William Fobister Sr. (Addiction Worker) Phone: 807-925-2652	http://search.211north.ca/record/KEN1117

Gull Bay

PROGRAMS	CONTACT	URL
None listed.		

Iskatewizaagegan #39 Independent First Nation (Shoal Lake 39)

PROGRAMS	CONTACT	URL
NNADAP	Barb Kejick (Addictions Worker) Phone: 807-733-3318	http://search.211north.ca/record/KEN1114

Kasabonika Lake

PROGRAMS	CONTACT	URL
Crisis Intervention	Sylvia Anderson (Crisis Coordinator) Phone: 807-5352547 EXT: 229	http://search.211north.ca/record/KEN0874
Mental Health Program	Sylvia Anderson (Assistant Health Director) Phone: 807-535-2547 EXT:229	http://search.211north.ca/record/KEN0877
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards 807-737-4011	http://search.211north.ca/record/KEN0979
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addictions Workers (Children and Youth)	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	http://search.211north.ca/record/KEN0878
NNADAP	Christopher Anderson (Addictions Worker) Phone: 807-535-2547 EXT 266	www.slnha.com

Kee-way-win

PROGRAMS	CONTACT	URL
Crisis Intervention	Abraham Monias (Crisis Coordinator) Phone: 807-771-1210	http://search.211north.ca/record/KEN0732
Mental Health Program	David Fiddler (Mental Health Worker) Email: davidfiddler@knet.ca	http://search.211north.ca/record/KEN0738
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards 807-737-4011	http://search.211north.ca/record/KEN0739
NNADAP	Christine Kakegamic (Addictions Worker) Email: neenina42@yahoo.ca	www.slnha.com

PROGRAMS BY COMMUNITY

Kingfisher

PROGRAMS	CONTACT	URL
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards Phone: 807-737-4011	http://search.211north.ca/record/KEN0961
NNADAP	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.slnha.com

Kitchenuhmaykoosib Inninuwug (Big Trout Lake)

PROGRAMS	CONTACT	URL
Mental Health Program	Theresa McKay (Treatment Centre Coordinator) Phone: 807-537-9945	http://search.211north.ca/record/KEN0768
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards Phone: 807-737-4011	http://search.211north.ca/record/KEN0766
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addictions Workers (Children and Youth)	Leona Matthews (Addictions Worker) Phone: 807-537-2388 Email: kievent@hotmail.com	http://search.211north.ca/record/KEN0767
NNADAP	Genosa Sainnawap (Addictions Worker) Phone: 807-537-1068	www.slnha.com
Mamow Against Drug Healing Program	Theresa McKay (Treatment Centre Coordinator) Phone: 807-537-9945	

Lac Des Mille Lacs

PROGRAMS	CONTACT	URL
Community Wellness Worker	Mike Ignace (Community Wellness Worker) Phone: 807-622-9835 EXT: 231 Email: m.ignace@tbaytel.net	http://search.211north.ca/record/TBY1969

Lac La Croix

PROGRAMS	CONTACT	URL
Community Wellness Worker	Melba Jordan (Health Centre Reception) Email: jrdnmel@hotmail.com	http://search.211north.ca/record/RRD0448
NNADAP	Melba Jordan (Health Centre Reception) Email: jrdnmel@hotmail.com	http://search.211north.ca/record/RRD0266

Lac Seul

PROGRAMS	CONTACT	URL
NNADAP	Norah Angeconeb (Addictions Worker) Phone: 807-582-3587	http://search.211north.ca/record/RRD0835

Long Lake #58 First Nation

PROGRAMS	CONTACT	URL
NNADAP	Patrick Patabon (Family Support Worker) Phone: 807-876-4553 EXT:233 Email: Patrick.patabon@longlake58fn.ca	http://search.211north.ca/record/TBY3039

McDowell Lake

PROGRAMS	CONTACT	URL
Mental Health Program	Wendy Sandberg (Health Coordinator) Phone: 807-735-1381 EXT 6001 Email: wendysandberg@knet.ca	http://search.211north.ca/record/KEN0780
Sioux Lookout First Nations Health Authority: Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.slnha.com

Mishkeegogamang (New Osnaburgh/OZ)

PROGRAMS	CONTACT	URL
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stepehn Edwards Phone: 807-737-4011	http://search.211north.ca/record/KEN0965
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addictions Workers (Children and Youth)	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.slnha.com
NNADAP	David Masakeyash (Chief) Phone: 807-928-2927	

PROGRAMS BY COMMUNITY

Muskrat Dam Lake

PROGRAMS	CONTACT	URL
Mental Health Program	Lacey Chapman (Health Centre Reception) Phone: 807-471-2608	http://search.211north.ca/record/KEN0787
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	http://search.211north.ca/record/KEN0799
NNADAP		http://search.211north.ca/record/KEN0798
Crisis Intervention		www.sifnha.com

Naicatchewenin

PROGRAMS	CONTACT	URL
NNADAP	Erin Smith (NNADAP Worker) Email: e.smith@bellnet.ca	http://search.211north.ca/record/RRD0297

Naoakamegganning (Whitefish Bay)

PROGRAMS	CONTACT	URL
Community Wellness Program	Waylon Namaypoke (Community Wellness Worker) Phone: 807-226-1026 EXT:240	http://search.211north.ca/record/KEN1121
Crisis Intervention	Andy White (Crisis Intervention Program Manager) Email: naot.healthdirector@gmail.com	http://search.211north.ca/record/KEN1127
Mental Health Program	Sheila Copenace (Program Manager) Phone: 807-226-1026 EXT:222	http://search.211north.ca/record/KEN1120
NNADAP	Freddie Cowley (Addictions Worker) Phone: 807-226-1026	http://search.211north.ca/record/KEN1122
Youth Suicide Prevention	Joyce White Phone: 807-226-1026 EXT:244	http://search.211north.ca/record/KEN1123

Neskantaga First Nation

PROGRAMS	CONTACT	URL
Crisis Intervention	Gordon Sugarhead (Crisis Coordinator) Phone: 807-479-2592 Email: gordon.sugarhead@neskantaga.com	http://search.211north.ca/record/KEN0370
Mental Health Program	Jennifer Sakanee (Mental Health Worker) Email: Jennifer.sakanee@neskantaga.com	http://search.211north.ca/record/KEN0367
NNADAP	Ronald Moonias (Addictions Worker) Email: ronaldmoonias@knet.ca	http://search.211north.ca/record/KEN0368
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.slnha.com
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addiction Workers (Children and Youth)	Walter Lyon (Nodin Clinical Supervisor) Phone: 807-737-4011	

Nibinamik First Nation (Summer Beaver Band)

PROGRAMS	CONTACT	URL
Crisis Intervention	Richard Roundhead (Crisis Team Coordinator) Phone: 807-593-1113	http://search.211north.ca/record/KEN0383
Mental Health Program	Sarah Yellowhead (Mental Health Worker) Phone: 807-593-2211	http://search.211north.ca/record/KEN0391
NNADAP	Raymond Sugarhead (Addictions Worker) Email: raysugarhead2008@gmail.com	http://search.211north.ca/record/KEN0390
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addiction Workers (Children and Youth)		

Nicickousemenecaning

PROGRAMS	CONTACT	URL
None listed.		

PROGRAMS BY COMMUNITY

North Caribou Lake (Also called Weagaomow & Round Lake)

PROGRAMS	CONTACT	URL
NNADAP	George Williams (addictions Worker) Phone: 807-469-5191	http://search.211north.ca/record/KEN0409
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	

North Spirit Lake

PROGRAMS	CONTACT	URL
Mental Health Program	Kayla Rae (Mental Health Worker) Email: kaylarae@knet.ca	http://search.211north.ca/record/KEN0682
NNADAP	Edmond Meekis (Addictions and Drug Abuse Worker) Phone: 807-776-0066 Email: meekis67@gmail.com	http://search.211north.ca/record/KEN0683
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.sifnha.com

Northwest Angle No. 33

PROGRAMS	CONTACT	URL
Mental Health and Addictions	Maria Blackhawk (Mental Health and Addictions Worker) Email: nwa33mentalhealth@hotmail.com	http://search.211north.ca/record/KEN1006

Northwest Angle No. 37

PROGRAMS	CONTACT	URL
NNADAP	Alfred Oshie (Addictions Worker) Phone: 807-226-1077	http://search.211north.ca/record/KEN1135

Obashkaandagaang (Washagamis Bay)

PROGRAMS	CONTACT	URL
None listed.	Vincent Sinclair (Addictions Worker) Phone: 807-543-2532	

Ochiichagwe'babigo'ining First Nations (Dalles)

PROGRAMS	CONTACT	URL
NNADAP	Roberta Jameson (Addictions Manager) Phone: 807-548-5876 EXT 253	http://search.211north.ca/record/KEN1172

Ojibway Nation of Saugeen

PROGRAMS	CONTACT	URL
None listed.		

Ojibways of Onigaming First Nations (Sabaskong Bay 35)

PROGRAMS	CONTACT	URL
Community Wellness Program	Kathy Jack (Community Wellness Worker) Phone: 807-484-2339 Email: Kathy.jack@onigaming.ca	http://search.211north.ca/record/KEN1394
Mental Health Program	Lynn Wells (Mental Health Therapist) Phone: 807-484-2339	http://search.211north.ca/record/KEN1396
NNADAP	Mike Copenace (Health Director) Phone: 807-484-2431	http://search.211north.ca/record/KEN1023

Ojibways of the Pic River First Nation

PROGRAMS	CONTACT	URL
None listed		

Pays Plat

PROGRAMS	CONTACT	URL
Community Wellness Worker	Ida Wanakamik (Community Wellness Worker) Angle Inlet: 807-824-1114 Email: ahws_paysplate@hotmail.com	http://search.211north.ca/record/TBY2373

PROGRAMS BY COMMUNITY

Pic Mobert

PROGRAMS	CONTACT	URL
NNADAP	Rosalins Andrews (Health and Social Manager) Phone: 807-822-2625 EXT 307	http://search.211north.ca/record/TBY3206

Pikangikum

PROGRAMS	CONTACT	URL
Anti-Solvent Abuse Program	Hank Turtle (Solvent Abuse Councillor) Phone: 807-773-5301	http://search.211north.ca/record/KEN0816
Crisis Intervention	Frank Peters (Crisis Team Coordinator) Phone: 807-773-1080	http://search.211north.ca/record/KEN0815
Mental Health Program	Vacant Position Currently	http://search.211north.ca/record/KEN0814
Minosaywin Project	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	http://search.211north.ca/record/KEN0817
NNADAP	Mary Rosagaske (Addictions Worker) Phone: 807-773-5302	http://search.211north.ca/record/KEN0813
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.slnha.com
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addiction Workers (Children and Youth)		

Poplar Hill

PROGRAMS	CONTACT	URL
Crisis Intervention	Vacant Position (Crisis Intervention) Phone: 807-772-8828	http://search.211north.ca/record/KEN0708
Mental Health Program	Roxanne Turtle (Mental Health Worker) Phone: 807-772-8828	http://search.211north.ca/record/KEN0710
NNADAP	Pardenus Owen (NNADAP) Phone: 807-772-8858	http://search.211north.ca/record/KEN0711
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.slnha.com
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addiction Workers (Children and Youth)	Walter Lyon (Nodin Clinical Supervisor) Phone: 807-737-4011	

Rainy River First Nations

PROGRAMS	CONTACT	URL
NNADAP	Vacant Position Phone: 807-482-2479	http://search.211north.ca/record/RRD0284

Red Rock

PROGRAMS	CONTACT	URL
None listed.		

Sachigo Lake

PROGRAMS	CONTACT	URL
Crisis Intervention	Morley Tait Phone: 807-595-2577	http://search.211north.ca/record/KEN0434
Mental Health Program	Maria Beardy Phone: 807-595-2577	http://search.211north.ca/record/KEN0436
NNADAP	Caleb McKay Phone: 807-595-2577	http://search.211north.ca/record/KEN0437
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.sifnha.com

Sandpoint

PROGRAMS	CONTACT	URL
None listed.		

PROGRAMS BY COMMUNITY

Sandy Lake

PROGRAMS	CONTACT	URL
Crisis Intervention	Eddie Kakepetum Email: eddiekakepetum@knet.ca	http://search.211north.ca/record/KEN0632
Mental Health Program	Jeff Meekis Phone: 807-774-1471	http://search.211north.ca/record/KEN0529
NNADAP	Tina Rae Phone: 807-774-1465	http://search.211north.ca/record/KEN0636
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.slnha.com
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addiction Workers (Children and Youth)	Walter Lyon (Nodin Clinical Supervisor) Phone: 807-737-4011	

Seine River First Nation

PROGRAMS	CONTACT	URL
None listed.		

Shoal Lake No. 40

PROGRAMS	CONTACT	URL
NNADAP	Stewart Redsky Phone: 807-733-3577	http://search.211north.ca/record/KEN1142

Slate Falls Nation

PROGRAMS	CONTACT	URL
Crisis Intervention	Vacant Position Phone: 807-737-5700	http://search.211north.ca/record/KEN1365
NNADAP	Ivan Cook Phone: 807-737-5757	http://search.211north.ca/record/KEN0452
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.slnha.com

Stanjikoming First Nations

PROGRAMS	CONTACT	URL
NNADAP	James Henderson Phone: 807-274-2188	http://search.211north.ca/record/RRD0315

Wabaseemoong Independent Nations (One Man Lake, Swan Lake, and White Dog)

PROGRAMS	CONTACT	URL
Mental Health and Community Wellness Program	Jeffrey Bunting Phone: 807-927-2440	http://search.211north.ca/record/KEN1161
NNADAP	Theresa Tankanye Phone: 807-927-2440 EXT. 129	http://search.211north.ca/record/KEN1157

Wabauskang First Nation

PROGRAMS	CONTACT	URL
Community Wellness Program	Vacant Position Phone: 807-529-6329	http://search.211north.ca/record/KEN0437
NNADAP	Arthur Skead Phone: 807-529-6329	http://search.211north.ca/record/KEN1181

Wabigoon Lake Ojibway Nation

PROGRAMS	CONTACT	URL
Community Wellness Program	Brittany Norris Email: communitywellness@wlon.ca	http://search.211north.ca/record/KEN1174
NNADAP	Debbie Leckner Phone: 807-938-6464	http://search.211north.ca/record/KEN1181

Wapekeka (Angling Lake)

PROGRAMS	CONTACT	URL
Crisis Intervention	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	http://search.211north.ca/record/KEN0924
NNADAP	Henry Roundsky (Addictions Worker) Email: Henryroundsky@knet.ca	www.sifnha.com
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors		

PROGRAMS BY COMMUNITY

Wawakapewin (Long Dog)

PROGRAMS	CONTACT	URL
Wilderness Healing Program	Joshua Frogg Sr Phone: 807-623-3916	http://search.211north.ca/record/KEN0967

Webequie

PROGRAMS	CONTACT	URL
Crisis Intervention	Bernice Jacob Phone: 807-353-6531	http://search.211north.ca/record/KEN0380
Mental Health Program	Emily Jacob Phone: 807-353-7241	http://search.211north.ca/record/KEN1162
NNADAP	Neville Jacob Phone: 807-353-1264	http://search.211north.ca/record/KEN0371
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.sifnha.com
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addiction Workers (Children and Youth)		

Whitesand

PROGRAMS	CONTACT	URL
None listed.		

Wunnumin

PROGRAMS	CONTACT	URL
Crisis Intervention	Ruth Mekanak Email: ruthm@wunnumin.ca	http://search.211north.ca/record/KEN0947
NNADAP	Ralph Winter Phone: 807-442-2564	http://search.211north.ca/record/KEN0952
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Stephen Edwards (Nodin Clinical Supervisor) Phone: 807-737-4011	www.sifnha.com

NNADAP

Provides Services and support individuals and families struggling with addiction issues.

- » Offers Alcoholics Anonymous (AA) and Narcotics Anonymous (NA) meetings when required.
- » Provides transportation to all meetings and workshops upon request.
- » Provides public seminars/meetings to raise community awareness of alcohol, drug abuse, and gambling addictions.
- » Holds educational sessions in schools.
- » Coordinates cultural and spiritual events.
- » Facilitates recreational activities and social events.
- » Provides individual and group discussions.
- » Offers cultural and spiritual gatherings.

Provides the following services aimed at preventing alcohol and drug abuse problems from reoccurring:

- » Counselling, sharing circles and support groups.
- » Regular phone calls and home visits.
- » Referrals to band services, social services, detoxification and treatment centres and medical assistance.

Community Wellness Program

Supports reduction or prevention of family and community violence.

- » Provides victim service referrals and emergency support for family violence.
- » Works one-on-one with families experiencing family violence to develop a plan of action for identified concerns.
- » Provides referrals to counselling, legal services, and treatment centres.
- » Offers Aboriginal culture-based healing, self-help processes for anger management, and positive self-image development; alternative discipline methods and positive relationships.
- » Organizes and facilitates community events in schools, powwows, and health fairs to promote a healthy lifestyle and prevention of family violence.
- » Develops programs, workshops, promotions, and prevention education campaigns dealing with family-based violence awareness.

Cat Lake Wellness Program

Supports reduction and prevention of addiction issues and family and community violence.

- » Provides culturally appropriate mental health services, support services, resources, educational materials, and workshops to address community wellness needs.
- » Provides victim service referrals and emergency support for family violence and mental health crises.
- » Works one-on-one with families experiencing family violence to develop a plan of action for identified concerns.
- » Provides referrals to counselling, legal services, and treatment centres and other needed supports.
- » Organizes and facilitates community events in schools, powwows, and health fairs to promote a healthy lifestyle and prevention of family violence.
- » Develops programs, workshops, promotions, and prevention education campaigns dealing with addictions and family-based violence awareness.

Crisis Intervention Program

- » Provides crisis intervention services to community in crisis situations and to individuals affected by family violence and suicide.
- » Offers immediate on site or telephone assistance.
- » Dispatches call to police when deemed necessary.
- » Ensures victims receive support and assistance to secure their safety.
- » Arranges meeting family members at centre or agreed upon location to discuss possible crisis resolutions.

Also Coordinates:

- » Crisis plan to follow in response to suicide intervention, domestic violence intervention and any other form of crisis situations that may arise in community.
- » Information sessions and workshops on techniques for healing strategies.

Support Services can include but are not limited to:

- » Debriefing and stabilization following crisis situation.
- » Advocacy on behalf of individuals and families dealing with various agencies.
- » Meal preparation, transportation, homemaking and other areas requiring support for families in crisis situations such as the suicide of a youth.
- » Information about/referrals to appropriate resources and services.

PROGRAM DESCRIPTIONS

Detox Center

Operates a detoxification centre for community members addicted to Oxycotin.

- » Functions as a day program.
- » Provides a 4-bedroom house renovated into a detoxification centre that can treat 10 people at one time; includes a sauna on the property.
- » Offers the drug suboxone in place of methadone to minimize the effects of withdrawal.

Program includes the following services:

- » Intake.
- » Withdrawal treatment.
- » Counselling.
- » Aftercare.

Also provides:

- » Mental health and addictions counselling.
- » Referrals to other treatment centres and programs such as Nodin Child and Family Intervention Services in Sioux Lookout.

Mental Health and Addictions Services

Promotes the development of good mental health and provides services for individuals with mental health issues. Also provides the services of two mental health workers who work with the community members.

Provides information and awareness activities including but not limited to:

- » Addictions.
- » Depression.
- » Family violence.
- » Stress management.

Services include:

- » Counselling services.
- » Cultural activities and ceremonies.
- » Group workshops.
- » Educational sessions that promote wellness.
- » Coordination and referrals to psychologists, psychiatrists, other counselling services and treatment centres.
- » Coordination of aftercare services.

Mental Health Program

Promotes the development of good mental health and provides services for individuals with mental health issues. The information and awareness activities provided are the following but not limited to:

- » Depression.
- » Family violence.
- » Stress management.

Services include:

- » Counselling services.
- » Cultural activities and crafts.
- » Recreational activities.
- » Wellness activities.

Fort William Community Addictions

- » Provides a support group for individuals struggling with/ affected by addictions issues.
- » Coordinates group sessions for people to share confidentially about their personal issues.
- » Offers information sessions, guest speakers, and education to assist with recovery.
- » Explores available resources to help with overcoming addictions and recovery.
- » Provides referrals to supports if requested.

Mamow Against Drugs

Operates a treatment centre for community members struggling with oxycodone addiction.

- » 25-day program for a maximum of 6 individuals per program.
- » Offers medications to minimize the effects of withdrawal.

Program includes the following services:

- » Intake.
- » Detoxification and withdrawal treatment.
- » Counseling.
- » Sharing circles.
- » Traditional land-based activities.
- » Aftercare.

Also provides:

- » Mental health and addictions counselling.
- » Referrals to other treatment centres and programs such as Nodin Child and Family Intervention Services in Sioux Lookout.

Community Wellness Worker

- » Promotes healthy individuals, families, and communities.
- » Supports reduction or prevention of family and community violence.
- » Provides case management, support, and referrals to other services and programs.
- » Provides culturally appropriate support services, resources, educational materials, and workshops to address community wellness needs including topics such as bullying, discrimination and racism.
- » Develops programs, workshops, promotions, and prevention education campaigns dealing with family-based violence awareness.

Youth Suicide Prevention

- » Coordinates a week-long camp during summer months to empower Anishinaabe children and youth with pride and knowledge in their traditional culture and heritage.
- » Focuses on suicide prevention.

Activities include:

- » Dancing.
- » Fishing.
- » Sharing circles.
- » Singing.
- » Storytelling.
- » Swimming.
- » Teachings from Elders.
- » Traditional craft making.

Mental Health and Addictions

Offers a variety of mental health and addictions services for community members.

Programs and services can include the following:

- » Addictions and Gambling Program
- » Offers community treatment and education.
- » Provides assessment, referral, and aftercare.
- » Offers individuals relapse prevention counselling.
- » Gives individual, couple, and family treatment therapy.
- » Provides support for family members affected by addictions.

Case Management Program

- » Provides individual counselling for adults struggling with physical, medical, and emotional health issues.
- » Offers assistance through support workers in life skills including housing, self-care, nutrition, shopping, money management, social and recreational living.

Mental Health Program

- » Offers individuals couples, family, and group counselling for stress management and crisis intervention.
- » Provides referral services to appropriate supports.
- » Anti-Solvent Abuse Initiative
- » Offers counselling services to youth struggling with solvent abuse.
- » Maintains on-going files of solvent abuse cases.
- » Operates a nightly youth patrol in the community.
- » Provides referrals to in-community treatment at the Minosaywin Island Treatment Centre.
- » Provides referrals to treatment programs and residential facilities outside the community.

Minosaywin Project

- » Offers a short-term brief intervention program for individuals with solvent-abuse and alcohol issues and addictions.
- » Operates as a 12-day residential program with 4 workers and 8 youth per session.
- » Offers cultural and traditional services of community elders.
- » Functions primarily as a respite program until placement at outside community residential treatment program can be procured.

Activities can include:

- » Counselling for many issues including grief, drinking, and violence in the home, feelings of not being loved, loss of friends (suicide), and other areas of struggle for youth.
- » Wood cutting.
- » Drawing and crafts.
- » Guitar.
- » Participating in sharing circles.
- » Playing hockey, broomball and/or volleyball.
- » Trap line setting and animal collection.
- » Writing.

Wilderness Healing Program

Offers a healing program for residential school survivors or their descendants and extended families in a wilderness setting near Wawakapewin Community.

- » Offers counselling and teaches traditional values and lifestyles as healing tools.
- » Targets individuals affected by residential school abuse and its intergenerational impacts.
- » Delivers services through a holistic approach.
- » Provides 4 intakes per year.
- » Provides services in a wilderness setting for individual's families, groups, and communities.

Services offered can include:

- » Counselling by Elders and/or traditional healers.
- » Cultural ceremonies, teachings, and dialogue.
- » Transportation, when required.

Sioux Lookout First Nations Health Authority

MENTAL HEALTH COUNSELLING

Mental health counselling to 29 First Nation communities in the Sioux Lookout area. To book an appointment with a counsellor, please speak to your doctor or nurse at your local nursing station. Referral forms for mental health counselling can be filled out by either a physician or yourself. Sees all ages.

ABORIGINAL MENTAL HEALTH AND ADDICTION WORKERS

Children's Mental Health and Addictions Workers are based in 13 communities in our region. These workers provide clinical assessments, planning, treatment and counselling to children and their families. Only see individuals under the age of 18.

ACUTE CARE COUNSELLORS

See clients who are referred through the physicians at the Nodin Office in Sioux Lookout. Their average stay is up to five days. All clients are from Northern communities.

SPECIAL PROJECTS

Trauma team to cover communities that had longer term crisis.

CRISIS RESPONSE

Team of contractors who will respond to immediate crisis in communities usually no longer than 5 days.

OTHER SERVICES

- » Art Therapy.
- » Psychology.
- » Traditional Healing.

Treaty 3 Police Services

NORTH

22 Homestake Road,
P.O. Box 1480,
Kenora, ON P9N 3X7

Phone: 807-548-5474

Fax: 807-548-8387

WHITEFISH BAY

Phone: 807-226-9767

Fax: 807-226-5506

EAGLE LAKE

Phone: 807-755-1540

Fax: 807-755-1541

SOUTH

1450 Idylwild Drive
Site 206-26 R.R.#2,
Fort Frances, ON P9A 3M3

Phone: 807-274-1565

Fax: 807-274-1568

GRASSY NARROWS

Phone: 807-925-2221

Fax: 807-925-2479

WABASEMOONG

Phone: 807-927-0285

Fax: 807-927-2235



Canadian Mental
Health Association
Kenora
Mental health for all

Association canadienne
pour la santé mentale
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La santé mentale pour tous

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